



GUELPH NUCLEAR IMAGING

Guelph Medical Place, 83 Dawson Rd.,
Suite 105, Guelph, Ont. N1H 1B1
Tel 519-767-0550 Fax 519-767-2918

← To Kitchener		Woodlawn (Hwy. #7)		
Speedvale Ave. W.				
Hanlon (Hwy. 6)	Dawson Rd.	83	Edinburgh	St. Joe's Hospital
			Westmount Rd.	Woolwich (Old highway #6)

APPOINTMENT DATE (S) and TIME (S)

***ALL RELEVANT XRAY, ULTRASOUND AND BLOODWORK REPORTS MUST ACCOMPANY REFERRAL**

Patient Name: _____

Address: _____ Postal Code _____

Telephone: (Daytime) _____ (Home) _____

H.I.C. No _____ Age _____ D.O.B. Day _____ Mo _____ Y _____

EXAMINATIONS REQUESTED - Please check

- 1. CARDIAC:**
- Dipyridamole Stress Myocardial Imaging 2 days - 2.5 to 3 hours each day
 - Exercise Stress Myocardial Imaging " "
 - Resting Radionuclide Angiogram & Ejection Fraction 1.0 hour
- 2. CNS:**
- Brain DTPA 1.5 hours
 - Brain Spect. (HMPAO) 1.5 hours
- 3. ENDOCRINE:**
- Thyroid Scan 30 min.
 - Thyroid Uptake 15 min.
 - Parathyroid 3.0 hours
- 4. G.I. STUDIES:**
- Salivary Scan 2.0 hours
 - Gastric Emptying 1.5 hours
 - G.I. Bleed Up to 4.0 hours
 - Meckel's Diverticulum 1.0 hour
 - Hepatobiliary ___ CCK/Sinacalide Augmentation 2 to 4 hours
 - Liver/Spleen ___ Colloid 1.0 hour
 - ___ R.B.C. (Haemangioma) 3.0 hours
- 5. INFECTION/TUMOUR IMAGING:**
- WBC Gallium Thallium
 - Whole body
 - Specific Site: _____
- WBC: Part I - 7 am Part II - 12 pm
Part III - 4:15 pm
- Gallium: Phase 1 20 min; scanning time will vary depending on indication
- 6. RENAL:**
- Routine (GFR/differential function) 1 hour
 - Lasix Renography 1 hour
 - Captopril Renography 2 hours
 - Renal Cortical Scan 1 - 3 hours
- 7. BONE SCAN (SKELETAL):**
- Whole body bone scan Phase 1 20 min (3 hr wait)
 - Specific Site: _____ Phase 2 1 hour
- 8. PULMONARY:**
- Ventilation/Perfusion (* CXR required within 24 hours) 1 hour
 - Quantitative Perfusion 1 hour
- 9. OTHER:**
- Specify _____

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CLINICAL INFORMATION

Copies To: _____

Doctors Signature: _____ Date: _____

Patient Preparation

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- Cardiac:**
1. No Caffeine (coffee, tea, chocolate, cola) for minimum 24 hours prior to test.
 2. Fast for 4 hours prior to test. Diabetic patients contact our office prior to test.
 3. Wear loose comfortable clothing (walking, running shoes) for exercise.
 4. Bring medications with you.
 5. Withhold medications as indicated by your physician
_____ stay on medications _____ come off medications _____
- Endocrine:**
1. Thyroid medications or anything containing iodine will affect the results. Check with your physician regarding medications and supplements.
 2. No X-Rays using iodine based contrast for 3 weeks prior to test.
 3. Two day Thyroid test: Day 1 Nothing to eat or drink for 4 hours prior to test
Day 2 May eat and drink.
- Parathyroid: No preparation required.
- G.I. Studies:**
- Gastric Emptying Study: Nothing to eat or drink for 8 hours.
G.I. Bleed: No preparation required.
Meckel's Diverticulum: Nothing to eat or drink after midnight.
Liver/Spleen/Hemangioma: No preparation required.
Biliary: Nothing to eat or drink for 8 hours but not longer than 24 hours.
- Pulmonary (Lung):** No preparation required. Bring chest X-Ray films to appointment.
- Renal:**
1. Drink 4 glasses of water or juice 30 minutes before the test. Continue to void as usual.
 2. Bring a list of medications.
 3. Consult with your physician regarding discontinuing diuretics and ACE inhibitors prior to the test.
_____ off diuretics for 2 days. _____ off ACE inhibitors 4 days. _____ on meds.
 4. For captopril study no solid food for 4 hours prior to exam.
- Skeletal Bone:** No preparation required.
- Infection/Tumor:** No preparation required.
- CNS:** Brain: No preparation.

Cardiac Stress Test Consent

Exercise stress testing evaluates the condition of your heart during exercise. We are able to evaluate any symptoms, measure blood pressure and heart rate response and also take images of your heart. For most people we do not ask you to do any more than you would during your more vigorous daily activities. It allows us to confirm that is safe for you to perform such activities. If an operation is planned, we can assess your risk of possible medical complications. You will be asked to walk on a treadmill or pedal a bicycle; the test is stopped when you are fatigued or an abnormality is detected.

If you are not able to exercise you may have a pharmacologic stress test. Instead of walking on a treadmill a medication called dipyridamole will be infused through an IV. It has a similar effect on your heart to exercising. A stress test is considered very safe, but like all medical tests there is a small risk of adverse effects. The chance of a major complication such as heart attack is less than 1 in 10,000. The stress test will be supervised by a physician.

Patients who have problems during a stress test are very likely to have the same problems when they reach similar workloads in their daily activities. We do not want you to have any problems but, if you are going to have difficulty, we would rather it occur under controlled conditions in our facility.

I have read the above and consent to this procedure.

Signature

Witness

Date